



# Arizona Hiking & Travel Club

July 2017

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## **Saturday July 1- Willow Springs Hike**

RATING: B LENGTH: 7-9 miles ELEV GAIN: 600 Ft PACE: Medium

LEADERS: Bev [480 415-7147](tel:4804157147) [blkoslow@yahoo.com](mailto:blkoslow@yahoo.com)

Susan [602 291-1298](tel:6022911298) [sssandsmoon@gmail.com](mailto:sssandsmoon@gmail.com)

Call/Email either leader for meeting time and location. Our hike, atop the Mogollon Rim and at about 7000 feet, will skirt along the east side of Willow Springs Lake. Depending on the temperature, once we get to the north end of the lake we will add a little 2 mile in and out spur hike across the dam, down the spillway and along a peaceful creek in a beautiful meadow type setting. After finishing our little side trip, we will hike back up the spillway and across the dam to complete our loop hike along a series of trails and dirt roads back to our cars. Bring salty snacks and a minimum 2 quarts of water. Don't forget your sunscreen/hats. Cost to nonmember is \$5

## **Tuesday, July 11 – Sunrise Peak Hike at Sunrise (McDowell Sonoran Preserve)**

RATING: B LENGTH: 6 mi ELEV. GAIN: 1500 ft PACE: Fast

LEADER: Dan Rothman - [dwrr12@gmail.com](mailto:dwrr12@gmail.com) - 480-773-5197

Meet at 5:00 am at the Lost Dog Wash Trailhead (1 mile north of Shea Boulevard at the end of 124<sup>th</sup> Street). The gates open at 4:59 am. Yes, you can hike in Phoenix during the summer – you just have to start early. The panoramic views from Sunrise Peak are great at any time, but especially early in the morning. The trail is out-and-back, so anyone wishing to shorten it or go slower can do so easily. Although we'll be finished before the day gets too hot, bring plenty of water and wear sturdy hiking boots. Cost to non-members is \$5.

## **Thursday, July 13 through Sunday, July 16 - Camp and/or Hike near Flagstaff**

RATING: A to F (for "fun") - whatever you want to make of it as long as you have fun.

LEADERS: Mark Miller - 623-640-5375 - MarkM50@yahoo.com

Co-leader Nancy Dawn Spence - Cell: 480-213-2003 - NancyActPar@cox.net

Call or email one of the leaders for RSVP for camping and more details.

For hiking – no RSVP necessary -arrive at the trailhead before specified time.

**Dispersed camping on FR 222 (Coconino National Forest)**

From Flagstaff, take US 180 approximately 8 miles, then turn left onto FR 222. Go about 1 or 2 miles until you reach a fork in the road at Wing Mountain. Take the right-hand fork and we'll be camping in the forest somewhere in the next mile or two. Look for a yellow sign that says "Infinite Possibilities". There are no facilities or bathrooms here. Bring your own table, chairs, etc. and take care of your own trash. Temperatures will probably range from 50 to 80 degrees so bring layers of clothing. Most of us usually go to bed shortly after dark, so please arrive by then. Happy hour usually starts around 5 p.m. so bring whatever drinks you would like. It is great if you can bring a snack or something to share in our potlucks for both nights.

**Hiking on Friday, July 14 – Slate Mountain Trail # 128 and/or Red Mountain** (Kaibab National Forest)

Arrive at the Slate Mountain trailhead before 10:00 a.m.

Directions: Drive 35 miles north of Flagstaff on US 180 to FR 191. Turn west 2 miles to the trailhead on the right side of the road. US 180 is paved. FR 191 is graveled and suitable for passenger cars in most weather. This is an up and back hike on the same trail with an elevation gain of 850 feet. Mixed reports say it is either 5 or 8 miles round trip. The gradual ascent and panoramic views make this an exceptional hike. Red Mountain Trail is only about 3 miles round trip so we may do that afterwards if people want to or some might want to do this instead of Kendrick on Saturday.

**Hiking on Saturday, July 15 – Kendrick Mountain Trail #22** (Kaibab National Forest)

Arrive at Kendrick Trailhead before 10:00 a.m.

Directions: From Flagstaff take US 180 about 20 miles to FR 193. At MM 233 turn left (west) onto FR 193 and go 3 miles to FR 171. Turn right onto FR 190, then right again in just over one mile which takes you directly to the trailhead. This is a total of 9 miles straight up and straight down with an elevation gain of 2,700 feet. Some people may choose to only go part way or choose a different hike in the area.

**LOOKING AHEAD**

**Wednesday, September 6 – General Membership Meeting (6:45 pm)**

**Location: Granite Reef Senior Center, located in Scottsdale on Granite Reef Road just north of McDowell Road.**

Come join us at our September General Membership Meeting, as we look forward to the cooler weather just around the corner and kick off a wonderful series of fall speaker programs. Mark your calendars now for this meeting and the happy hour to precede it.

The Superstition Area Land Trust is a very important player in conserving the natural Sonoran Desert open spaces throughout our beautiful Superstition wilderness. As our metropolitan area spreads and becomes more densely populated there is more pressure on these natural resources. Charles Goff, president of SALT, has been very involved with efforts to keep this precious area available for our enjoyment. Come to our September meeting and learn about enjoying this area, how it is maintained and financed to remain viable, and how you may very well be able to help the cause.

You'll also hear details about the club's new Adopt-A-Trail project (Black Mesa Trail in the Superstitions), including specifics regarding our scheduled November trail maintenance day and related activities.

**Saturday, September 15th to Friday, September 28th, 2017**  
**Bike and Barge along the Danube**

RATING: Moderate Activities: Bike Riding, sightseeing, eating, and having fun!

LEADERS: Bev 480 415-7147, [blkoslow@yahoo.com](mailto:blkoslow@yahoo.com) and Ray [BikeBargeEurope@aol.com](mailto:BikeBargeEurope@aol.com)

Sept 15, 2017-Sept 23, 2017 Bike and Barge along the Danube

Sept 24, 2017-Sept 28, 2017 Sightsee in Berlin, Germany

The first portion of our trip is a 4 country self-guided bike ride along the Danube River - which is the most popular European bike and barge trip being offered by our outfitter. Our hotel and restaurant for 7 nights and 8 days is our barge called the MS Normandy. Our days will be spent riding on well-marked bike paths along the Danube River through Austria, Germany, Slovakia, and Hungary. The bike paths will take us past castles, Danube National Park, the Hungarian Danube Bend, and the capital cities of Vienna, Bratislava, and Budapest. Along the way, we will stop to see some local sights, perhaps do a little shopping, grab a snack, etc. before meeting our barge in the late afternoon/evening where we can unwind and socialize with other passengers before retiring to our double occupancy cabins on the barge. Where will we get our meals, you ask? The Barge is also our restaurant where we will get three great meals a day (breakfast and dinners will be served on the barge, and we will have sack lunches while riding).

After the bike and barge, we're off to Berlin for an additional 4 nights and 5 days sightseeing, bike riding, taking a river cruise, visiting museum island, Checkpoint Charlie, The Holocaust Museum., The Brandenburg Gate, etc. Meals for this portion of the trip are NOT included in the overall cost.

Cost for Bike and Barge = \$1975 double occupancy. (Single Supplements are available for an additional \$400) Cost for Berlin portion of the trip is \$527. Airfare to/from the United States is additional. You are welcome to join us on either portion of the trip, or the whole thing.

The bike and barge is currently full, buy please contact Bev to put your name on the waiting list as cancellations do happen.

### **Thursday, November 9, 2017 - Tour of Tovrea Castle at Carraro Heights**

RATING: Fun

LEADER: Regina Marie Miskewitz - 602-448-0684 - [regina\\_miskewitz@yahoo.com](mailto:regina_miskewitz@yahoo.com)

Meet at Tovrea Castle Visitor Center/Gift Shop at 8:45 AM. Address: 5025 East Van Buren, Phoenix, Arizona 85008. There is good parking. Tour starts at 9 AM and will be ~ 2-hours.

COST: \$15.00 a person. Contact the leader to reserve a place on this tour (limited to 12 individuals, first-come basis.) Payment is due as you reserve your spot, make checks payable to AHTC.

Due to popular demand (the February 9, 2017 filled-up almost immediately after it was announced) we have added another tour date for this historic site visit here in the valley.

Have you ever wondered about the wedding-cake-like structure one sees when driving along the 202?? Then join us for a tour of Tovrea Castle and Cactus Gardens and get a first-hand look at the Castle and surrounding Cactus Gardens and Outbuildings as we learn about this unique and historic Phoenix landmark. Tovrea Carraro Society Docents will guide us back in time as they introduce us to the three families that homesteaded the land, designed and constructed the Castle and Cactus Gardens, and made the Castle their home while sharing interesting, fact-filled stories about the property and its history. We are able to bring water on the tour as long as it is in a closed container. Photography is allowed; Flash photography is not permitted within the Castle.

For those interested, after the Tour, we will enjoy an early-lunch at Gertrude's at the Desert Botanical Garden.

There are 24 spots, so please reserve early!!

## 2017 AHTC Officers

President: **Mark Miller** 623-640-5375  
E-mail: markm50@yahoo.com

Vice President: **Cathy Schuyler** 480 984-4709  
E-mail: cschuyler@q.com

Treasurer: **Felix Puskaritz** 480 981-3612  
E-mail: felixpuskaritz@msn.com

Secretary: **Jeri Anderson**

### Member Representatives

**Mark Ashley** 480 661-5963  
E-mail: mnashley@yahoo.com

**Don Mowry** 480 209-7963  
E-mail: dgmowry@gmail.com

**Larry Ashcroft** 602-789-9548  
E-mail: ashcrofbks@yahoo.com

### Past President

**Dan Rothman** 480-991-1647  
Email: dwrr12@gmail.com

### Webmaster

**Greg Cravener** 480 797-2450  
E-mail: gcravener@gmail.com

### Database Administrator

**Don Mowry** 480 209-7963  
E-mail: dgmowry@gmail.com

### Membership Meeting Program Director

**Diane Luce** 602-321-3836  
E-mail: 2lucelatrek@gmail.com

### Public Relations Committee Chairperson

**Larry Ashcroft** 602-789-9548  
E-mail: ashcrofbks@yahoo.com

### Activity Committee Chairperson

**David Thompson** 201-315-3530  
E-mail: david@dlthompson.com

### Coordinators

The following are Volunteer Activity Coordinators. Contact them if you need information or help arranging your activity. Please coordinate your activity schedule through the appropriate Volunteer Activity Coordinator.

Hiking: **Bonnie Tasch** 303 868-7360  
E-mail: azcograygirl@gmail.com

Adopt-a-Highway: **Marilyn Schrab** 480 473-2565  
E-mail: marilyn.redbird@gmail.com

Bicycling: **Karl Weinrich** 602 667-3243  
E-mail: kfw300@gmail.com

Social: **TBD**

All activity write-ups MUST be submitted to the proper Activity Coordinator for review and approval before they are sanctioned events. Activities can be submitted to Activity Coordinators by e-mail. They are submitted to an Activity Coordinator, not to the Webmaster.

**Visit us on the web at  
www.azotc.com**

## Activity Rating Guide

AHTC activities are gauged by the following chart. Please consider the rating below and also the pace prior to signing up for an activity. "MEDIUM" (or unlisted) hikes have a pace of 2.0 - 2.5 mph. A "FAST" pace is greater than 2.5 mph. A "SLOW" pace is less than 2.0 mph.

### Hike Ratings

Rating	Miles	Elevation Gain
A+	20+	4,000+ ft.
A	16-20	3,000-4,000 ft.
A-	14-16	2,500-3,500 ft.
B+	12-14	2,000-2,500 ft.
B	10-12	1,500-2,000 ft.
B-	8-10	1,100-1,500 ft.
C+	6- 8	800-1,100 ft.
C/D	2- 6	400-800 ft.

### Bicycle Ride Ratings

- A** 30-50 miles on flat terrain or 20-35 miles with hills. Road may have heavy traffic.
- B** 15-30 miles on flat terrain or 10-20 miles with hills. Roads may have traffic.
- C** 10-15 miles on flat terrain, or 10 miles with hills. Quiet streets or bike paths.

Equipment for A & B rides consists of a lightweight bicycle with multiple gearing, water bottle, tire pump, extra tube, repair kit, helmet and riding gloves. We also suggest bike shorts. Riders will not be left by the wayside, but are expected to be self-sufficient. A buddy system is in effect for the last two riders. Equipment for C rides consists of a bicycle in good, safe repair, water bottle, tire pump, extra tube, repair kit, and helmet. C rides will have a leader and a "sweep".

Members, please pay attention to the activity rating given a hike or bike ride. The ratings were designed to give participants an indication of the difficulty of an activity in advance. Some hikes and bike rides sponsored by AHTC are arduous and can be dangerous for less experienced members. It is extremely important that members wear suggested clothing and carry required equipment (hiking boots, helmets, gloves, etc.). If you have any questions or doubts about the difficulty of the activity or your ability to participate safely, please contact the activity leader. We want everyone to have an enjoyable and safe time on AHTC sponsored activities.

**Consumption of alcohol during an AHTC bike or hike activity is prohibited.**

**REMEMBER!** A free membership can be earned by leading 8 activities per calendar year. Sign up 3 new members in a calendar year and earn a free AHTC tee-shirt.

**APPLICATION FOR MEMBERSHIP – ARIZONA HIKING AND TRAVEL CLUB**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

How did you find out about AHTC? \_\_\_\_\_

The annual membership fee is due on December 31<sup>st</sup> each year, good through December 31<sup>st</sup> the following year.

**New Member**

The prorated amounts listed below are for new members only

<u>Join Date</u>	<u>Individual</u>	<u>Family</u>
Prior to 3/31	\$20.00	\$30.00
4/1 to 6/30	\$15.00	\$22.50
7/1 to 9/30	\$10.00	\$15.00
10/1 to 12/31	\$5.00	\$7.50

**Renewal Member**

Individual Membership — \$20/year       Family Membership — \$30/year

Change of Address

I would like to lead/co-lead an activity:  Yes

Interests:  Hiking  Biking  Backpacking  Camping  Canoeing  Travel  4x4

Other

I/We, intending to be legally-bound members of the Arizona Hiking & Travel Club™ (AHTC), do hereby, for myself, my family, and my heirs, release all rights and claims for personal injuries or damages I/we incur while participating in AHTC-sponsored activities.

Applicant: \_\_\_\_\_ Other family member: \_\_\_\_\_

Date: \_\_\_\_\_

**Mail to: AHTC, PO Box 21951, Mesa, AZ 85277**

**Guest Policy**

We welcome guests! Please give us a try! We encourage guests to participate in activities (rules and space permitting). Non-members are charged \$5 for all activities that are free to members. Selected activities are open to members only. For paid activities, non-members will be assessed an additional fee based on the cost of the activity. Guests must always call activity leader in advance, sign a liability release and be aware of the ACTIVITY RATING.