



Arizona Hiking & Travel Club

March 2018

Saturday, March 3 – Jack’s Canyon to Mund’s Mountain Hike, Sedona

RATING: A LENGTH: 16 mi ELEV GAIN: 3000 ft PACE: Medium

LEADER: Dan Rothman - dwrr12@gmail.com - 480-773-5197

Contact leader for meetup details. This out-and-back hike will start in the Village of Oak Creek and take us up through Jack’s Canyon via a pretty forested trail with numerous stream crossings. At the head of the Canyon, we’ll ascend a steep trail to the top of Munds Mountain, then follow along the wide, fairly flat top of the mountain to a scenic overlook with fantastic views down upon Red Rock country, including many of the famous landmarks in Sedona and Oak Creek. Bring plenty of water, electrolytes and food for the trail. Also, wear sturdy hiking boots and check the Sedona weather to dress appropriately.

Monday, March 5 – Mondays in the McDowell’s: Corral and Mountain Interior Trails

RATING: A- LENGTH: 15.2 mi ELEV GAIN: 850 ft PACE: Fast

CO-LEADERS: Dan Rothman - dwrr12@gmail.com - 480-773-5197 and

Mark Miller - markm50@yahoo.com -623-640-5375

This month we’ll be hiking in the Northern Region of the Preserve from trailheads north of Dynamite Road. The hikes will generally be relatively long and flat. Check the schedule each week because we’ll be starting from different trailheads and note that as the days are getting longer and warmer, we’re back to meeting at 7:00 am.

Meet at 7:00 am (start 7:05) at the **GRANITE MOUNTAIN TRAILHEAD**, located in Scottsdale on 136th Street, 2 miles north of Dynamite/Rio Verde Road. This hike will take us on a variety of trails around Cholla and Granite Mountains, including the Corral, Chuckwagon and Balanced Rock Trails. The distance is long, but the trails are generally flat and soft, so we’ll maintain a fast pace.

Wednesday, March 7, 2018 – General Membership Meeting (6:45 pm)
Location: Granite Reef Senior Center, located in Scottsdale on Granite Reef Road just north of McDowell Road.

Dolomites Hut to Hut Hike – Alta Via 1

The Italian Dolomites offer some of the most dramatic, exciting and challenging hiking in the Alps. Strikingly different from the French or Swiss Alps, the limestone Dolomites rise dramatically from narrow valleys to form impressive spires, canyons, sheer rock walls rising 3,000', and huge limestone plateaus. In 2009 several mountain groups in the Dolomites were classified as UNESCO World Heritage Sites. Join us while club member David Thompson takes you on an 7-day, hut-to-hut hike through the Dolomites, described with photographs the beauty of the place and also explaining the logistics involved in preparing for it.

Thursday, March 8 – Palomino Mountain / Aylor's Arch Hike - (Superstitions)

RATING: B+ LENGTH: 10 mi ELEV GAIN: 1800 ft PACE: Medium
LEADER: David Thompson - 201-315-3530 - david@dlthompson.com
Meet at 7:00 am (depart at 7:15) at the Holiday Inn Express Hotel on the Southwest Corner of US 60 and Country Club Drive, Mesa. The address is 16000 S. Country Club Drive. We'll carpool to the First Water Trailhead and from there head out on the Dutchman Trail to Palomino Mountain. The ascent involves off-trail hiking with a few steep ascents and some rock scrambling. The view from the top is spectacular. You are rewarded with a 360-degree view of the Superstition as well as Aylor's Arch which is at the top of Palomino Mountain. After we descend, we will return on the Dutchman Trail to First Water Trailhead. Please wear sturdy hiking boots, rain gear if appropriate and bring plenty of water and food for snacks and lunch. Non-members please call the hike leader before the hike. No dogs or children please.

Saturday, March 10 – Granite Mountain Hotshots State Park – Yarnell

RATING: B+ LENGTH: 7.3 mi ELEV GAIN: 2,100 ft PACE: Slow to Medium
Leader: Bud Tasch - arizbunzer@msn.com - 303-868-0216
Meet at 6:30 am (depart 6:45 am) at the I-17 and Bell Road Park-n-Ride. Retrace the steps of the brave 19 young men who faced-down a firestorm as they tried to save the town of Yarnell in Arizona's newest State Park to commemorate that fateful day in June 2013. The hike has no shade or much vegetation as it traverses a burn area. Nineteen Granite placards line the route to memorialize each fallen firefighter. Say a prayer or otherwise pay your respects at their Alamo. We'll toast their memory at a local watering hole in Wickenburg afterwards. Limited to leader plus 11 due to limited parking at the trailhead. RSVP to Bud (info above). Hike will be cancelled in case of rain.

Monday, March 12 – Mondays in the McDowells: Dove Valley and Hawknest Trails

RATING: A- LENGTH: 15.7 mi ELEV. GAIN: 700 ft PACE: Fast
CO-LEADERS: Dan Rothman - dwrr12@gmail.com - 480-773-5197 and
Mark Miller - markm50@yahoo.com - 623-640-5375

Meet at 7:00 am (start 7:05) at the **GRANITE MOUNTAIN TRAILHEAD**, located in Scottsdale on 136th Street, 2 miles north of Dynamite/Rio Verde Road. We'll be hiking to the extreme northeast region of the McDowell Sonoran Preserve, following the 136th Street Express, Dove Valley, Hawknest, and a variety of smaller connected trails. As typical for this month, we'll be maintaining a fast pace on these long but generally flat and soft trails.

Friday, March 16 - Loop Hike to Mask Arch in the Southeastern Goldfield Mountains

RATING: C LENGTH: 5-6 mi ELEV GAIN: ~800 ft PACE: Medium
LEADER: Jim D - hikingstickjim@yahoo.com

Meet at 9:30 am (depart at 9:45) at the Burger King on Power Road just south of Hwy 60 (NE corner of Power Road and Superstition Springs Blvd.) or meet us at the trailhead no later than 10:15 am. If you chose to meet at the trailhead, take Brown Road east / turn north on Idaho Road and park on the right side of the road where Idaho Road dead ends at the mountain. This is a loop hike in interesting washes, dirt roads and horse trails. Variety of trail conditions - sandy in the wash to sometimes rocky on the trail. Enjoy many scenic views of the beautiful Goldfield Mountains. The hike up to the arch is steep and rocky, but the arch can be seen below if anyone doesn't want to make the climb. The hike starts near a neighborhood at the end of Idaho Road, but you soon disappear into the Goldfields. Bring water, sunscreen, hat, boots and a snack. Cost to non-members is \$5. Guests and new members should contact the hike leader prior to the hike.

Monday, March 19 – Mondays in the McDowells: Diablo Trails

RATING: A- LENGTH: 16.3 mi ELEV. GAIN: 500 ft PACE: Fast
CO-LEADERS: Dan Rothman - dwrr12@gmail.com - 480-773-5197 and
Mark Miller - markm50@yahoo.com - 623-640-5375

Meet at 7:00 am (start 7:05) at the **GRANITE MOUNTAIN TRAILHEAD**, located in Scottsdale on 136th Street, 2 miles north of Dynamite/Rio Verde Road. The North and South Diablo Trails are located directly north of Cholla Mountain. They form a technical bike circuit, around 3 miles long, with steep rock slabs, vertical drops, uneven terrain and protruding rocks. However, for hikers the circuit is easy to moderate. On the way there, we'll be exploring the Renegade Trail, and on the way back we'll hike the Soapberry Wash and Coyote Canyon Trails. The hike is long but, except for the Diablo loop itself, generally flat and soft.

Thursday, March 22 – Parson Spring - Cottonwood

RATING: B- LENGTH: 8.0 mi ELEV GAIN: 800 ft PACE: Medium
Leader: Bud Tasch - arizbunzer@msn.com - 303-868-0216

This hike enters the Sycamore Canyon Wilderness, following Sycamore Creek through a lush riparian habitat. Bring water shoes for 5 creek crossings which may be needed if higher than anticipated creek levels rule out rock-hopping. The trail ends at the springs, bubbling up from the stream bed. This hike will be cancelled in case of rain. A high clearance vehicle may be needed to access the trailhead. Call for leader for meeting time and place.

Monday, March 26 – Mondays in the McDowells: Powerline Road Trails

RATING: B LENGTH: 12.1 mi ELEV. GAIN: 650 ft PACE: Fast

CO-LEADERS: Dan Rothman - dwrr12@gmail.com - 480-773-5197 and

Mark Miller - markm50@yahoo.com - 623-640-5375

Meet at 7:00 am (start 7:05) at the **BROWN'S RANCH TRAILHEAD**, located at 31301 N. Alma School Parkway, about a mile and a half north of Dynamite Road (go to www.mcdowellsonoran.org for further directions). This will be a true exercise hike, moderately long and fast-paced along the smooth and flat Powerline Road #2 and Powerline Road #1 Trails in the McDowell Sonoran Preserve. We'll start off from Brown's Ranch heading eastward along the Latigo Trail, then proceed north to Powerline Road #2 on the 118th Street Trail. At the convergence of the two powerline trails, we'll make a brief stop to check out the new MSP trailhead located at the corner of Pima and Dynamite Roads.

LOOKING AHEAD

June 19 – 27 HIKE THE DOLOMITES, ITALY!

Co-Leaders: Barbara: mailto:weistb@aol.com

Dennis: dgwest@aol.com

Travel Consultant/Member: Amy - a.wasserman@cruiseone.com

Have you been hearing about the Dolomites and eager to see them? June one of the driest months, would be a perfect time. The wildflowers should be in full bloom and the remaining snow only on the highest peaks.

After arriving in Venice, Italy we spend a night and in the morning, we are transported to the beautiful mountain town of La Valle, where we stay for 3 nights before transferring to the quaint town of Canazei for the remainder of our journey.

Each day will be private AHTC hikes, guided by locals, into the surrounding area of the famously dramatic Dolomites. Most days will offer hikes of varying distance/elevation gain and difficulties. There will be something for everybody! The most difficult hikes may range in distances of 7 to 10 miles past snow-capped jagged peaks, glacier lakes, small villages and farmland. Elevation gains will vary, but most hikes will be about 2,500 ft. For anyone interested in just relaxing instead of a hike it will be easy to enjoy the local color of the towns; coffee shops, spa services, cable cars to ride and shopping. Or, take a short-guided hike of a mile or 2 near town.

Inclusions are all breakfasts, transfers and most lunches and some dinners. Cost per person is \$2,351 double occupancy. Airfare to/from the US is not included.

The trip is limited to 14 AHTC members. Sign-ups will begin January 8 at 8:00am through January 31 by emailing Amy at a.wasserman@cruiseone.com. A \$500 deposit (via credit card) will be required at the time of sign up.

For more detailed information on hikes, FAQs, terms and conditions, inclusions/exclusions and the payment/cancellation terms, please go to; <https://tailormadeadventure.com/dolomites> . **PLEASE READ ALL INFORMATION BEFORE SIGNING UP!** After you sign up, a copy of the cancellation terms will be emailed to you along with information on trip insurance.

Please don't hesitate to contact any co-leader with questions.

2017 AHTC Officers

President: **Mark Miller** 623-640-5375
E-mail: markm50@yahoo.com

Vice President: **Cathy Schuyler** 480 984-4709
E-mail: cschuyler@q.com

Treasurer: **Felix Puskaritz** 480 981-3612
E-mail: felixpuskaritz@msn.com

Secretary: **Jeri Anderson**

Member Representatives

Mark Ashley 480 661-5963
E-mail: mnashley@yahoo.com

Don Mowry 480 209-7963
E-mail: dgmowry@gmail.com

Larry Ashcroft 602-789-9548
E-mail: ashcrofbks@yahoo.com

Past President

Dan Rothman 480-991-1647
Email: dwrr12@gmail.com

Webmaster

Greg Cravener 480 797-2450
E-mail: gcravener@gmail.com

Database Administrator

Don Mowry 480 209-7963
E-mail: dgmowry@gmail.com

Membership Meeting Program Director

Diane Luce 602-321-3836
E-mail: 2lucelatrek@gmail.com

Public Relations Committee Chairperson

Larry Ashcroft 602-789-9548
E-mail: ashcrofbks@yahoo.com

Activity Committee Chairperson

David Thompson 201-315-3530
E-mail: david@dlthompson.com

Coordinators

The following are Volunteer Activity Coordinators. Contact them if you need information or help arranging your activity. Please coordinate your activity schedule through the appropriate Volunteer Activity Coordinator.

Hiking: **Bonnie Tasch** 303 868-7360
E-mail: azcograygirl@gmail.com

Adopt-a-Highway: **Marilyn Schrab** 480 473-2565
E-mail: marilyn.redbird@gmail.com

Bicycling: **Karl Weinrich** 602 667-3243
E-mail: kfw300@gmail.com

Social: **TBD**

All activity write-ups MUST be submitted to the proper Activity Coordinator for review and approval before they are sanctioned events. Activities can be submitted to Activity Coordinators by e-mail. They are submitted to an Activity Coordinator, not to the Webmaster.

Visit us on the web at
www.azotc.com

Activity Rating Guide

AHTC activities are gauged by the following chart. Please consider the rating below and also the pace prior to signing up for an activity. "MEDIUM" (or unlisted) hikes have a pace of 2.0 - 2.5 mph. A "FAST" pace is greater than 2.5 mph. A "SLOW" pace is less than 2.0 mph.

Hike Ratings

Rating	Miles	Elevation Gain
A+	20+	4,000+ ft.
A	16-20	3,000-4,000 ft.
A-	14-16	2,500-3,500 ft.
B+	12-14	2,000-2,500 ft.
B	10-12	1,500-2,000 ft.
B-	8-10	1,100-1,500 ft.
C+	6- 8	800-1,100 ft.
C/D	2- 6	400-800 ft.

Bicycle Ride Ratings

- A** 30-50 miles on flat terrain or 20-35 miles with hills. Road may have heavy traffic.
- B** 15-30 miles on flat terrain or 10-20 miles with hills. Roads may have traffic.
- C** 10-15 miles on flat terrain, or 10 miles with hills. Quiet streets or bike paths.

Equipment for A & B rides consists of a lightweight bicycle with multiple gearing, water bottle, tire pump, extra tube, repair kit, helmet and riding gloves. We also suggest bike shorts. Riders will not be left by the wayside, but are expected to be self-sufficient. A buddy system is in effect for the last two riders. Equipment for C rides consists of a bicycle in good, safe repair, water bottle, tire pump, extra tube, repair kit, and helmet. C rides will have a leader and a "sweep".

Members, please pay attention to the activity rating given a hike or bike ride. The ratings were designed to give participants an indication of the difficulty of an activity in advance. Some hikes and bike rides sponsored by AHTC are arduous and can be dangerous for less experienced members. It is extremely important that members wear suggested clothing and carry required equipment (hiking boots, helmets, gloves, etc.). If you have any questions or doubts about the difficulty of the activity or your ability to participate safely, please contact the activity leader. We want everyone to have an enjoyable and safe time on AHTC sponsored activities.

Consumption of alcohol during an AHTC bike or hike activity is prohibited.

REMEMBER! A free membership can be earned by leading 8 activities per calendar year. Sign up 3 new members in a calendar year and earn a free AHTC tee-shirt.

APPLICATION FOR MEMBERSHIP – ARIZONA OUTDOOR AND TRAVEL CLUB

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

How did you find out about AHTC? _____

The annual membership fee is due on December 31st each year, good through December 31st the following year.

New Member

The prorated amounts listed below are for new members only

<u>Join Date</u>	<u>Individual</u>	<u>Family</u>
Prior to 3/31	\$20.00	\$30.00
4/1 to 6/30	\$15.00	\$22.50
7/1 to 9/30	\$10.00	\$15.00
10/1 to 12/31	\$5.00	\$7.50

Renewal Member

Individual Membership — \$20/year Family Membership — \$30/year

Change of Address

I would like to lead/co-lead an activity: Yes

Interests: Hiking Biking Backpacking Camping Canoeing Travel 4x4

Other

I/We, intending to be legally-bound members of the Arizona Hiking & Travel Club™ (AHTC), do hereby, for myself, my family, and my heirs, release all rights and claims for personal injuries or damages I/we incur while participating in AHTC-sponsored activities.

Applicant: _____ Other family member: _____

Date: _____

Mail to: AHTC, PO Box 21951, Mesa, AZ 85277

Guest Policy

We welcome guests! Please give us a try! We encourage guests to participate in activities (rules and space permitting). Non-members are charged \$5 for all activities that are free to members. Selected activities are open to members only. For paid activities, non-members will be assessed an additional fee based on the cost of the activity. Guests must always call activity leader in advance, sign a liability release and be aware of the ACTIVITY RATING.