



Arizona Hiking & Travel Club

November 2018

Saturday, November 3 – HiLine Trail Hike to Cathedral Rock (Sedona)

RATING: B LENGTH: 9 mi. ELEV. GAIN: 1500 ft. PACE: Medium

LEADER: Dan Rothman - dwrr12@gmail.com - 480-773-5197

Meet at 7:00 am (depart 7:15) at the Park-and-Ride at the southwest corner of the Bell Road exit to I-17. Starting at the Yavapai Vista in the Village of Oak Creek, we'll hike out to and around Cathedral Rock on the relatively new and beautiful HiLine Trail, then loop our way back to the start on the Baldwin, Templeton and Slim Shady Trails. The hike offers great views of Red Rock country in general, and Cathedral Rock from vantage points not seen elsewhere in Sedona. Wear sturdy hiking boots and bring plenty of water.

Wednesday, November 7, 2018 – General Membership Meeting (6:45 pm)
Location: Granite Reef Senior Center, located in Scottsdale on Granite Reef Road just north of McDowell Road.

After the Fall: My Helicopter Rescue Off the Mountain

What do you do after you suffer a serious fall on the trail? Learn how AHTC member Rick Kamel, lying helpless on a harsh desert mountain trail, facilitated his own safe, speedy and smooth helicopter rescue off the mountain.

The presentation uses real rescue photos that Rick took during the rescue, and describes in detail how he pre-planned the call to 911, what information he gave to the operator, and even his tone of voice while calling. He will share insights in dealing with the first responders at the rescue site and describe his emotions during the rescue, his subsequent rehab depression, and how the post-trauma effects of the accident still impact each of his hikes to this day.

Besides offering a detailed account of his own experience, Rick will offer meaningful insights should a disabling trail mishap befall others.

Thursday, November 8 – Scheelite Canyon (Sierra Vista)

RATING: A- LENGTH: 8 mi ELEV GAIN: 2800 ft PACE: Medium

LEADER: Bud Tasch – arizbunzer@msn.com – 303-868-0216

This hike begins at Ft. Huachuca, former home of the Buffalo Soldiers. Scheelite Canyon is identified by author Christine Maxa as one of her favorite fall hikes and is home to the rare endangered Mexican Spotted Owl. The big tooth maples should still be in color. I will lead hikers to the secret location where I have photographed the owl on two previous visits. A photo ID is required for entry to Ft. Huachuca. The trail climbs through a mixed deciduous/coniferous forest to the ridgeline and gets steep near the top. Overnight lodging is recommended in Sierra Vista. Please contact me for meeting time and location.

Saturday, November 10th - 8:00 am - AHTC Adopt-A-Trail Event

Rating: Varies, but rewarding

LEADERS: Mark Miller - markm50@yahoo.com - 623-640-5375 and
Nancy Spence - nancyactpar@cox.net - 480-357-0996

Our segment: Black Mesa Trail in the Superstition Mountains. The trail originates two miles from First Water Trailhead and extends for three miles. We'll be trimming brush and cacti back from the trail using tools provided by the Forest Service. The event will start at 8:00 am at First Water Trailhead where there will be an orientation and sign in. From there we will divide into several groups based on desired hiking length (3 to 5 miles) and hike to Black Mesa Trail where we will begin the trail maintenance. We will return to First Water by 2:00 pm for sign out, and to enjoy a lunch of sandwiches and drinks provided by the club. There will be a car pool lead by Don Mowry. Meeting place will be at the Holiday Inn at Country Club and US 60. Meet at 7:00 am (leave at 7:15 am). Bring and/or wear long sleeve shirts, sturdy gloves and a hat. Also bring 3 liters of water and snacks to enjoy while working.

Please RSVP to one of the leaders by Thursday, November 8th. Last year we had great success with two teams of hard-working people! Join us for this opportunity of exercise, camaraderie, **FUN**, contributing and getting dirty while improving our own special hiking trail.

Saturday, November 17 – Black Canyon Trail Shuttle Hike

RATING: B+ LENGTH: 13 mi ELEV GAIN: 2000 ft PACE: Medium

CO-LEADERS: Dan Rothman - dwr12@gmail.com - 480-773-5197

And Mark Miller - markm50@yahoo.com - 623-640-5375

Meet at 6:45 am (depart 7:00) at the Park-n-Ride at the southwest corner of I-17 and Bell Road. We'll drop cars at the Black Canyon City Trailhead, then proceed back to the Table Mesa Trailhead from where we'll start. The hike is on a well-maintained trail through beautiful Sonoran Desert with great cactus stands. There'll be some ups and downs along the way, including two crossings of the Agua Fria River, so call the leader in advance to make sure the River's not too high. We'll wind up at the Rock Springs Café (as in pie for a reward) before

proceeding back to Phoenix by way of the starting point. Bring plenty of water, sunscreen and wear sturdy hiking boots.

Thursday, November 29 – Vulture Peak (Wickenburg)

RATING: B LENGTH: 4.2 mi ELEV GAIN: 1700 ft PACE: Medium

LEADER: Bud Tasch – arizbunzer@msn.com – 303-868-0216

We will meet at the Denny's at I-17 and Bell Road at 7:45 AM (leave 8:00 AM). A gradual hike to a steep climb to the saddle and a scramble to the summit at 3,660 feet for those who wish to climb the last 50-60 vertical feet. Great views of the surrounding desert abound. There will be a cash reward for anyone who finds Bonnie's lost wedding ring, lost on the saddle in 2005. There will be a possible optional lunch stop in Wickenburg afterward.

LOOKING AHEAD

**Wednesday, December 5, 2018 – General Membership Meeting (6:45 pm)
Location: Granite Reef Senior Center, located in Scottsdale on Granite Reef Road just north of McDowell Road.**

Wednesday, December 5th will be the last meeting ever of the Arizona Hiking and Travel Club. Rather than our usual general membership meeting, we've decided to have a happy hour at the Yard House Restaurant in the Fashion Square Mall.

Those of you who've been there know that the Yard House has a great happy hour menu. Furthermore, the club will be providing a \$10 voucher to all club members (\$20 if family member attends) to be used for food and/or beverages. This will be a great way to kick off the holidays while sharing stories and catching up with old and new acquaintances.

Because we need to provide the restaurant with a head count and purchase vouchers, this is an RSVP event. In order to reserve your place, please email Dan Rothman (dwr12@gmail.com) no later than Sunday, November 18th and indicate how many will be attending in your party.

We look forward to seeing you all there!

Thursday, December 6 – AZT Passage 15 to Big Hill (Kearney)

RATING: B+ LENGTH: 11.6 mi ELEV GAIN: 2400 ft PACE: Medium

LEADER: Bud Tasch – arizbunzer@msn.com – 303-868-0216

We will meet at the Burger King at Power Road and Highway 60 at 8:00 AM (leave 8:15 AM). The trail meanders through rolling desert before climbing and following a ridgeline to Big Hill (3,594 feet). The final 0.1 miles is an easy bushwalk to the summit. There are great 360-degree views from the top.

2018 AHTC Officers

President: **Mark Miller** 623-640-5375
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Vice President: **Cathy Schuyler** 480 984-4709
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E-mail: felixpuskaritz@msn.com

Secretary: **Jeri Anderson**

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Public Relations Committee Chairperson

Larry Ashcroft 602-789-9548
E-mail: ashcrofbks@yahoo.com

Activity Committee Chairperson

David Thompson 201-315-3530
E-mail: david@dlthompson.com

Coordinators

The following are Volunteer Activity Coordinators. Contact them if you need information or help arranging your activity. Please coordinate your activity schedule through the appropriate Volunteer Activity Coordinator.

Hiking: **Bonnie Tasch** 303 868-7360
E-mail: azcograygirl@gmail.com

Adopt-a-Highway: **Marilyn Schrab** 480 473-2565
E-mail: marilyn.redbird@gmail.com

Bicycling: **Karl Weinrich** 602 667-3243
E-mail: kfw300@gmail.com

Social: **TBD**

All activity write-ups MUST be submitted to the proper Activity Coordinator for review and approval before they are sanctioned events. Activities can be submitted to Activity Coordinators by e-mail. They are submitted to an Activity Coordinator, not to the Webmaster.

**Visit us on the web at
www.azotc.com**

Activity Rating Guide

AHTC activities are gauged by the following chart. Please consider the rating below and also the pace prior to signing up for an activity. "MEDIUM" (or unlisted) hikes have a pace of 2.0 - 2.5 mph. A "FAST" pace is greater than 2.5 mph. A "SLOW" pace is less than 2.0 mph.

Hike Ratings

Rating	Miles	Elevation Gain
A+	20+	4,000+ ft.
A	16-20	3,000-4,000 ft.
A-	14-16	2,500-3,500 ft.
B+	12-14	2,000-2,500 ft.
B	10-12	1,500-2,000 ft.
B-	8-10	1,100-1,500 ft.
C+	6- 8	800-1,100 ft.
C/D	2- 6	400-800 ft.

Bicycle Ride Ratings

- A** 30-50 miles on flat terrain or 20-35 miles with hills. Road may have heavy traffic.
- B** 15-30 miles on flat terrain or 10-20 miles with hills. Roads may have traffic.
- C** 10-15 miles on flat terrain, or 10 miles with hills. Quiet streets or bike paths.

Equipment for A & B rides consists of a lightweight bicycle with multiple gearing, water bottle, tire pump, extra tube, repair kit, helmet and riding gloves. We also suggest bike shorts. Riders will not be left by the wayside, but are expected to be self-sufficient. A buddy system is in effect for the last two riders. Equipment for C rides consists of a bicycle in good, safe repair, water bottle, tire pump, extra tube, repair kit, and helmet. C rides will have a leader and a "sweep".

Members, please pay attention to the activity rating given a hike or bike ride. The ratings were designed to give participants an indication of the difficulty of an activity in advance. Some hikes and bike rides sponsored by AHTC are arduous and can be dangerous for less experienced members. It is extremely important that members wear suggested clothing and carry required equipment (hiking boots, helmets, gloves, etc.). If you have any questions or doubts about the difficulty of the activity or your ability to participate safely, please contact the activity leader. We want everyone to have an enjoyable and safe time on AHTC sponsored activities.

Consumption of alcohol during an AHTC bike or hike activity is prohibited

